

Wellbeing Walks

Autumn & Winter 2026/7



Date	Time	Meeting place
Friday 21 st August 2026	10.30-12.30	Little Park and Pevensey Nature Reserve Meet Entrance to Little Park, Hanworth Rd Twickenham TW4 5NX (Circular)
Friday 18 th September 2026	10.30-12.30	Thames path Kew Green to Mortlake Green Tow Path Walk Meet outside St Anne's Church Kew Green, TW9 3AA (Linear)
Friday 16 th October 2026	10.30-12.30	Green spaces in Ham Meet Teddington Lock Footbridge Teddington side
Friday 20 th November 2026	10.30-12.30	Thames path in Twickenham Meet Civic Centre, York Street, Twickenham TW1 3BZ
Friday 20 th December 2026	10.30-12.30	Richmond Park Circular Walk Meet Richmond Gate, Richmond Park
Friday 15 th January 2026	10.30-12.30	Bushy Park Meet Park Road entrance to Bushy Park Park Road/Chestnut Avenue TW11 0BH

More information contact

Richmond Parks: parcs@richmond.gov.uk

Richmond Borough Mind: peer.network@rbmind.org

Ruils: garywilliams@ruils.co.uk 07904608404



ruils
independent living

