

Wellbeing Walks

Autumn & Winter 2025/26



Date	Time	Walk details
Friday 19 th September 2025	10.30 - 12.30	River Crane Walk Meet Mill Road entrance to Crane Park TW2 5H
Friday 17 th October 2025	10.30 - 12.30	Terrace Gardens to Little Green, Richmond Meet Terrace Gardens Richmond Hill, Richmond, TW10 6RH Opp Friar Stile Road
Friday 21 st November 2025	10.30 - 12.30	Ham Parks and Avenues Meet Teddington Lock Footbridge Teddington side TW11 9NR
Friday 19 th December 2025	10.30 - 12.30	Barnes Common Meet Barnes Station, Station Road, Barnes SW13 0HT
Friday 16 th January 2026	10.30 - 12.30	Bushy Park Cobblers Walk Meet Entrance adjacent to 124 High Street Hampton TW12 2SF
Friday 20 th February 2026	10.30 - 12.30	Barge Walk Meet Hampton Court, Lion Gate, Hampton Court Road, KT5 9BS

More information contact

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