

Wondering what's next for your young person?



One Dance UK
Dani Bower Photography
Dancer Blythe Hood



**Bright
Futures**
SEND Transitions

Bright Futures is a SEND Transitions Advice service that supports disabled young people aged 16-25 and their families to navigate the changes they will experience in education, social and health care.

The aim of the service is to inform and support young people and their families and empower them to pursue a person centred plan that enables the young person to live the life they want.

What we offer:

- ✓ Workshops for parents and disabled young people
- ✓ Parent support groups for those with similar situations
- ✓ 1-2-1 meetings with parents who need more support

Get in Touch:

Sue Robson
SEND Transitions Advisor
suerobson@ruils.co.uk
07508 530693
www.ruils.co.uk

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"When our daughter was approaching 18 everything started to change – there was so much we needed to do and trying to navigate it all on our own was overwhelming. Bright Futures understood our story and what help we needed. It gave me hope and confidence that my daughter will be able to live the life she wants."

- Jo




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Bright Futures provides information, advice and support through workshops, 1-2-1 support and a knowledge base (a library of documents, blogs, and webinars for parents to access about a wide range of topics). We also facilitate groups for parents and their young people to make connections, learn from each other's experience and support each other.

Our aim is to make sure that families and young people have the information they need, know what their options are and feel confident that they can make the best decisions for their future.

Ruils is a user-led charity supporting disabled children and adults and people with long term health & mental health conditions to live independently, be part of their community and to live life to the full. We provide information, advice, advocacy, befriending and activities to our clients and their families.

ruils
independent living

 020 8831 6083

 info@ruils.co.uk

 www.ruils.co.uk